

## EXTENSION

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Educational programs for the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status.

The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

### Agriculture & Natural Resources

- Christina Reid, CEA-Horticulture has continued meeting with the Smith Sprouts after-school gardening program at Smith Elementary involving 85 youth in the bi-monthly series.
- Robert Scott, CEA-Ag provided a Vector Management Workshop which reached 25 municipal workers, providing them with information to control and monitor mosquitos.
- Agent Scott conducted the Livestock Judging project for 42 4-H'ers this spring. Youth were educated about carcass evaluation, oral reasons and industry standards; two senior teams advanced to the State 4-H Roundup competition.
- The Lubbock Master Gardener's Association assisted in presenting gardening and horticulture information at the Frenship ISD's Ag Day reaching approximately 800 5th graders.

### Family & Community Health

- The TEEA Lubbock Lunch Bunch met in April and enjoyed a program presented by Cory Edwards, CEA-FCH called "Canning: Has it Changed Since Grandma's Day." In May, the group toured the Harvey House in Slaton and ate lunch at Texas 1809.
- Agent Edwards conducted a "Cooking Up a Cottage Food Business" class in May to educate participants about the Cottage Food Law. A food handlers certification training was also included, which reached 24 participants with interests in the food service business.
- Agents Edwards, Reid and Amber Bozeman, EA-BLT have worked with Texas Tech's REEU Nutrition Best grant program to host two part-time summer interns: Gretchen Plocek and Ashley Eastling.
- "A Matter of Balance" is an 8-week structured group intervention series emphasizing practical strategies to reduce the fear of falling and increase activity levels. Ashlyn Aljoe, EA-FCH, assisted by Agent Edwards implemented this program in May at Raider Ranch Assisted Living.
- Agent Bozeman implemented "Learn, Grow, Eat & GO!" in a partnership with Carmona Harrison Elementary School, New Deal Afterschool Center for Education and Shallowater Afterschool Center for Education. The 10 week series educated students about gardening, nutrient-dense food experiences, physical activity and school/family engagement, reaching 326 youth. The Early Childhood version also was presented and reached 126 youth graduates at Carmona Harrison Elementary School.

### 4-H & Youth Development

- Ronda Alexander, CEA 4-H presented the "Mindfulness Self" youth mental health awareness pilot program to approximately 16, 6th grade students at Christ the King Cathedral School from March through May. The six-part series focused on self-awareness, self management, responsible decision-making, relationship skills and social awareness.
- Four Lubbock County 4-H'ers were awarded Texas 4-H Foundation Scholarships at State 4-H Roundup. David Kendrick received a \$20,000 San Antonio Livestock Show Scholarship, Jacob Everitt received a \$10,000 Davidson Foundation Scholarship, Bax Edwards received a \$10,000 Fort Worth Syndicate Scholarship and Brier Griffis received a \$5,000 Bob Benson Memorial Scholarship.
- Thirty-six Lubbock ISD, Shallowater ISD, Idalou ISD, Frenship ISD and Christ the King Elementary School classrooms participated in the "Hatching in the Classroom" project this spring to teach elementary students about the "Life Cycle" by hatching eggs in their classrooms. This provided approximately 1,276 students with agricultural awareness education.
- Twenty-eight Lubbock County 4-H'ers qualified and competed at State 4-H Roundup in College Station, held June 5-8. Lubbock County 4-H'ers competed in 21 contests receiving: 3—1st places, 4—3rd places, 1—4th place, 2—6th places, 2—7th places, 3—8th places, and 3 9th places.

### Staff Involvement

- Lubbock County staff continue to present week day radio programs on 105.7 reaching approximately 35,000 listeners, providing them with the latest information about the Lubbock County Extension program and opportunities available.