

Making a Difference in Lubbock County

March 2024

EXTENSION

STAFF

Robert Scott CEA-AG/NR Christina Reid CEA—HORT **Brant Baugh** CEA-AG/NR **Ronda Alexander** CEA-4-H &YD **Cory Edwards** CEA-FCH **Amber Bozeman** CEA-Urban YD Vacant **BLT**—Project Coordinator **Rita Wilson** Office Manager



Teresa Garcia

Office Secretary

Taylor Everitt

4-H Program Assistant

PO Box 10536 916 Main, Suite 401 Lubbock, Texas 79408 (806) 775-1740 http://lubbock.agrilife.edu

Educational programs for the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status.

The Texas A&M University
System, U.S. Department of
Agriculture, and the County
Commissioners Courts of Texas
Cooperating.

Agriculture & Natural Resources

- Agent Baugh gathered data and completed the USDA Agricultural Increment Report for Lubbock County. He also held the Hub of the Plains Crops Conference offering 6 CEU's for pesticide applicators.
- Agent Scott held the ExUrban Beginner Land Steward Workshop series in February for small acreage landowners with 12 attending.
- Lubbock AgriLife co-sponsored the Panhandle Wildlife Conference held in February with 163 attendees.
- Agent Reid hosted the annual Commercial Turf and Ornamentals Workshop in February for 53
 regional landscape professionals and chemical applicators with 5 TDA CEU's being given.
 Agent Baugh also taught 1 CEU hour at the Conference.
- The Smith Sprouts after-school gardening program at Smith Elementary continues meeting twice a month with Agent Reid, averaging 40 youth per meeting. Students are focused on designing and implementing their very own "Fart Garden."
- The Lubbock Master Gardener Association in partnership with Agent Reid will be expanding the Demonstration Garden project at the Lubbock Arboretum to provide an outdoor classroom!
- In collaboration with the Panhandle-South Plains Fair, Agent Reid is introducing a new educational exhibit and Horticulture Show during the Fair. Educational booths, displays, competitions and classes are expected to delight every plant lovers' heart! See you at the Fair!

Family & Community Health

- Agent Edwards coordinated two food manager training courses presented in Lubbock in January and February; courses were conducted by the District Food Safety team with 34 participants completing the two-day course. Participants also took the National ServSafe certification exam.
- Agent Bozeman presented the "Color Me Healthy" series in partnership with Carmona Harrison Elementary to 95 kindergarten students weekly from January through March. Students received a vegetable or fruit experience, hands-on activities, and a nutrition lesson at each session.
- Agent Edwards held the "Step Up and Scale Down" 6-week series from January through February with 5 participants whose goal was to adopt habits to achieve a healthy weight.
- "A Fresh Start to a Healthier You!" 4-week series was taught by Agent Edwards at the Goodwill Career Resource Center with 10 participants. Sessions focused on creating healthy meals with MyPlate, menu planning, saving at the grocery store and healthy snacks.

4-H & Youth Development

- Agent Alexander presented the "Mindfulness Self" youth mental health awareness program to approximately 24, 6th grade students at Christ the King Cathedral School from November through April. The series focused on self-awareness, self management, responsible decisionmaking, relationship skills and social awareness.
- During January through March, Agent Scott supervised and worked with 110 4-H'ers who exhibited 515 animals at the Sand Hills, Lone Star Elite, Fort Worth, San Angelo, San Antonio, Austin and Houston Livestock Shows.
- The Senior 4-H Horse Quiz Bowl Team competed at the Western National Quiz Bowl Contest held in January in conjunction with the National Western Livestock Show in Denver. The Team placed 6th Overall; Cooper Campbell was 7th high individual and Lana Brickey was 10th high individual. Other team members were Lauren Evans and Madison Chaloupka; coached by Jacie Brown.

Staff Involvement

- Lubbock County staff continue to present week day radio programs on 105.7 reaching approximately 35,000 listeners, providing them with the latest information about the Lubbock County Extension program and opportunities available.
- Lubbock County Staff will conduct a Texas Community Futures Forum on April 9 at 6:30 pm for Lubbock County residents to share their opinions and views about the educational programming that will be addressed by the Texas A&M AgriLife Extension Service during the next 3-5 years.