



## **RESOLUTION**

### **MENTAL HEALTH AWARENESS MONTH**

**WHEREAS**, Mental Health is an essential part of overall well-being, impacting individuals, families, and communities across Lubbock County;

**WHEREAS**, one in five American adults experiences a Mental Health condition each year, and only one out of two people with a serious form of mental illness seek treatment for his or her mental illness; and

**WHEREAS**, despite its prevalence, Mental Health remains shrouded in stigma, preventing many from seeking help, and early intervention and access to quality care are crucial for managing Mental Health conditions and improving quality of life;

**WHEREAS**, with effective treatment, those individuals with Mental Health conditions can recover and lead full and productive lives if given the necessary services and support in their communities; and

**WHEREAS**, the month of May is recognized nationally as Mental Health Awareness Month, providing an opportunity to raise awareness, combat stigma, and promote Mental Health resources;

**WHEREAS**, the coordinated efforts of the County Judge’s Office, Health and Human Services, Sheriff’s office, District Attorney’s office, and behavioral health services have been critical in addressing the Mental Health needs of our first responders, employees and citizens;

**NOW, THEREFORE, BE IT RESOLVED**, that the Commissioners Court of Lubbock County, do hereby proclaim May 2026 as Mental Health Awareness Month in Lubbock County and call upon the citizens, governmental agencies, public and private institutions to increase awareness and understanding of Mental Health and join in activities to take action to strengthen Mental Health in our communities and our Nation.

Passed and Approved on this 27th Day of April, 2026.

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Curtis Parrish, County Judge

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Mike Dalby, Precinct One

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Jason Corley, Precinct Two

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Cary W. Shaw, Precinct Three

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Jordan Rackler, Precinct Four

ATTEST:

REVIEWED FOR FORM:

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Kelly Pinion, County Clerk

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Neal Burt, CDA-Civil