

# Making a Difference in Lubbock County

June 2022

## **EXTENSION**

# **STAFF**

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### **Agriculture & Natural Resources**

- Christina Reid, CEA-Horticulture conducted planting programs for 330 students at Preston Smith Elementary and Lubbock Cooper South Elementary school in April and May.
- Christina Reid, CEA-Horticulture also presented: "Container Herbs and Vegetables" to 19 adults at the TEEA meeting held at Raider Ranch, "Landscape Design" to 29 adults at the First Presbyterian Church, and "Landscape Design" to 158 adults at the Texas Master Gardener State Conference.
- The Lubbock Master Gardener Association hosted an information booth during the Lubbock Arts Festival and met with 520 youth and 1,245 adults.
- Robert Scott, CEA-AG conducted a Vector Management Workshop for municipalities and homeowners on how to control and monitor mosquitos; 26 individuals attended the session.
- Robert Scott, CEA-AG worked with 4-H exhibitors during the Spring showing lambs, goats, steers, heifers, barrows and gilts at major Livestock Shows. 4-H'ers also competed in the Ag Science Fair, Swine Skillathon, Public Speaking and the Calf Scramble. 58 4-H'ers showed at the Houston Livestock Show and 38 showed at the Austin Livestock Show. He also worked with 38 youth in the Livestock Judging Project, with two Senior teams advancing to the State contest.

### Family & Community Health

- Cory Edwards, CEA FCH partnered with other CEA's to host a food manager's certification in March; 9 participants attended the multi-county training. Cory also hosted a "Preserving Your Harvest" professional development training for 17 agents from across District 2 at the Lubbock County Extension Office. Agents learned how to do water bath and pressure canning, pressure gauge testing and how to keep food safe while canning.
- Ashlyn Aljoe, EA-FCH has been presenting a food and nutrition series for participants in the Foster Grandparent Program. For April she presented "How to plan meals while saving money" and the five food groups. She will teach two more sessions this summer.

### **4-H & Youth Development**

- Ronda Alexander, CEA 4-H presented the "Mindfulness Self" youth mental health awareness pilot program to approximately twenty-four 7th grade students at Christ the King Cathedral School from March through May. The six-part series focused on self-awareness, self management, responsible decision-making, relationship skills and social awareness.
- Three Lubbock County 4-H'ers were awarded Texas 4-H Foundation Scholarships at State 4 -H Roundup. Ashlynn Messer received a \$20,000 Houston Livestock Show Scholarship, Wyatt Mandrell and AJ Kendrick each received \$10,000 McLean Estate Scholarships.
- The "When Sean Speaks" program was presented on May 11 by Sean and Jenny Carter for the Idalou Community at the Idalou Church of Christ; approximately 107 attended the program including other community youth groups. On May 12 "When Sean Speaks" and a Distracted Drivers Awareness program was also presented to approximately 85 Christ the King High School students, teachers and parents. Students rotated through four sessions on distracted driving, discussions on the "When Sean Speaks" program; self-awareness and responsible youth decision-making, and "Distracted Driving" Quiz Bowl. CEA's Ronda Alexander and Brant Baugh conducted the sessions, along with 3 other youth and adult Extension volunteers.
- Twenty-five Lubbock ISD, Lubbock Cooper ISD, Frenship ISD and Christ the King Elementary School classrooms participated in the "Hatching in the Classroom" project this Spring to teach elementary students about the "Life Cycle" by hatching eggs in their classrooms. This also provided students with agricultural awareness education.